# HUMAN PERFORMANCE TECHNOLOGY (HPT)

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#### Goals

When asked about Human Performance Technology (HPT) you will be able to:

- 1. Explain what it is and why it matters
- 2. Describe the 7 Steps of HPT
- 3. Explain how to find more information on HPT and PT certification

#### What is HPT?

- NEEDS ANALYSIS ON STERIODS
- A SEVEN STEP PROCESS FOR ACHIEVING PERFORMANCE GOALS
  - STRATEGY FOR ANALYZING AND SOLVING PERFORMANCE PROBLEMS
- A NEW, ADVANCED CERTIFICATION FOR TRAINERS
- CURRENTLY USED BY NAVY AND COAST GUARD

# SO What? Why HPT?

- Can you think of an Army example where people have learned how to do something but are NOT because:
- 1) They don't value doing it and/or are not confident they can succeed at it?
- 2) They are prevented because of a lack of equipment or supplies?
- 3) They don't do it because conflicting policy prevents/discourages them from doing it?

# SO What? Why HPT?

Even successful training courses do not always solve the performance problem they were designed to address

- Training solves knowledge problems
- Performance problems also influenced by:
  - A lack of motivation (values, confidence, mood)
  - Problems with supplies and equipment, and
  - Conflicts between policies or procedures

1. GOALS  $\Rightarrow$  2. STATUS  $\Rightarrow$  3. GAPS







5. SOLUTIONS



4. CAUSES



6. IMPLEMENT



7. EVALUATE

## 1. GOALS

- What PERFORMANCE goals?
  - Both Terminal and Enabling Goals
  - Short and Long-term goals
  - How are they measured?
  - Who approved or validated the goals?

## 2. STATUS

- What PERFORMANCE has been achieved
  - Measure current progress
  - Triangulate measures
    - 1. Survey, interview, opinion
    - 2. Observe unobtrusively
    - 3. Collect performance-related data

## 3. GAPS

Measure gaps between goals and status

- For each unit, team, individual
- Validate beyond "opinion"
- Avoid thinking about:
  - Causes
  - Solutions

## 4. CAUSES

- Analyze three types of causes:
- 1. Knowledge Can they do it?
  - If their life is at stake?
  - Avoid "memory", focus on "application
- 2. Motivation Will they do it?
  - Have they started, are they persisting
  - Are they using mental effort?
- 3. Do they have the equipment they need and/or do policy or procedures stop ther

## 4. CAUSES

Triangulate measures

- 1. Survey, interview, opinion
- 2. Observe unobtrusively
- 3. Collect performance-related data

Summarize all validated causes

### 4. CAUSES

#### HOW TO DETERMINE **KNOWLEDGE** CAUSES

- 1. GIVE PEOPLE A GOAL-RELATED TASK TO PERFORM OR PROBLEM TO SOLVE
- 2. PRIME THE PUMP WITH "HOW TO START" AND SEE IF THEY CAN FINISH CORRECTLY
- 3. DO NOT USE MEMORY OR MULTIPLE CHOICE TESTS OF "PRIOR KNOWLEDGE"

## 4. CAUSES

HOW TO DETERMINE **MOTIVATION** CAUSES: THREE PROBLEMS:

- 1. PEOPLE ARE NOT STARTING SOMETHING
- 2. THEY ARE NOT PERSISTING ONCE THEY START
- 3. THEY ARE NOT USING ENOUGH "MENTAL EFFORT" AND SO ARE MAKING MISTAKES BUT NOT TAKING RESPONSIBILITY (OVERCONFIDENT)

## 4. CAUSES

Things we do to damage learner motivation:

- Give them less time to answer a question
- Give them answers, or calling on others
- Praising them less for success than high achievers
- Paying less attention to them or interacting with them less frequently.
- Calling on them less often.
- Demanding less

## 4. CAUSES

#### HOW TO DETERMINE EQUIPMENT/POLICY CAUSES:

- Do people have <u>essential</u> supplies and equipment
  - When and where they need them?
  - Conflicting procedures for ways to reach same goa
  - Rewards for achieving lower priority goals or avoid the goal? Is everyone on the same page?
  - Are mixed and conflicting messages sent about goal priorities?
  - Is the process for achieving the goals adequate?

#### 5. SOLUTIONS

#### Match solutions to causes

- Knowledge gaps require training
- Motivation requires value and confidence
- Policy/procedure require process change Integrate solutions
- Translate for unit culture
- Analyze past practices

#### 5. SOLUTIONS

Motivation solutions:
We use a "motivation pyramid" as a
Job aid for motivation solutions

**MOTIVATION Performan PYRAMID** ce **Goal Directed Achievement Existing Prior Knowledge Executive Functions Knowledge:** Planning Tuning **Executive** Selecting **Functions** Connecting Monitoring **Motivation** Persistence **Active Goal Mental Problems** (Have they **Pursuit Effort** stopped (Have they (Are they working?) started?) developing Internal new **Values Self Efficacy** Mood kr@rrolæpge?) Solution Self-perception of skills Attainment **Efficacy** Affect Intrinsic Expectancy in specific **Emotion** Assessment Utility of: context **External** (Over & Under Required skills Solution S<sub>Goals</sub> External Attributions Social Competency Modeling Locus (I/E) Concrete Competence Current Similarity Control (Hi/Lo) Challenging Stability (Hi/Lo) Credibility Mastery/Performance Causal "rules" and Biases **Enthusiasm** 

#### 5. SOLUTIONS

#### Goals

- 1. <u>Action</u> (not simply intention)
- 2. <u>Persistence</u> (in the face of distractions)
- 3. <u>Mental Effort</u> (to learn new things)

#### **Internal Solutions**

- Self efficacy (Believe in yourself; effort is everything)
- <u>Values</u> (personal interest, skills, utility)
- Mood (learn to control negative moods)

#### 5. SOLUTIONS

#### Goals

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#### **External Solutions**

- Goals (concrete, challenging, current, mastery)
- Attributions (Controllable effort not ability)
- Models (similar, credible, competent, positive)

#### 6. IMPLEMENT

Stage implementation in different units

- Pretest implement post test modify
- Improve solution with experience
- Fully integrate evaluation
- Assume you will make mistakes that can be corrected

#### 7. EVALUATE

Four level HPT evaluation

- 1.Are they motivated to use the solution?
- 2. Did it work during implementation?
- 3. Are they using it after implementation?
- 4. Did it close the gap?

1. GOALS  $\Rightarrow$  2. STATUS  $\Rightarrow$  3. GAPS







5. SOLUTIONS



4. CAUSES



6. IMPLEMENT



7. EVALUATE

# Where to find more information

**URL's describing Human Performance Technology**:

Performance Technology Center (US Coast Guard)

http://WWW.USCG.MIL/TCYORKTOWN/PTC/index.shtm

http://www.uscg.mil/hq/g-w/g-wt/g-wtt/g-wtt-1/index.htm

**HPT in Health Care (USAID)** 

http://www.pihealthcare.org/news.htm

The US Navy (Human Performance Center) https://www.spider.hpc.navy.mil

# Where to find more information

**URL's describing Human Performance Technology** 

The International Society for Performance Improvement (ISP

http://www.ispi.org

**Certification for Performance Technologists from ISPI** 

http://www.certifiedpt.org/

**American Society for Training and Development** 

http://www.astd.org/astd/resources/performance\_improvement\_com

# Where to find more information

URL's describing Human Performance Technology

Read a chapter in Clark's book on HPT – The book

http://www.cepworldwide.com/Itemdetail.asp?CatID=1&ProductID=2

The chapter http://www.cepworldwide.com/pdf/tr01 final.pdf

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